

Halo, nem blong mi Rowan Farren mo mi wan projek maneja blong Fruit Growers Victoria.

Taem yu stap wok long ol kolrum hemi impoten blong andastanem ol rikwaemen mo wanem yu mas mekem blong yu no putum yu o narafala pipol long denja.

Hemi risponsibiliti blong emploia blong yu blong mekem sua se i nogat eni denja mo daonem janis blong kasem denja.

Be hemi risponsibiliti blong yu tu blong mekem sua se yu wok folem wan sef fasin mo evriwan we oli stap raon long yu oli wok folem wan sef fasin tu.

Hemi impoten blong werem ol stret mo wom klos mo ekwipmen we i protektem yu, mo evri woka i mas tingbaot hemia.

Tedei bae yumi tokbaot hao blong wok wetem sefti blong openem wan kolrum, go insaed, wok long hem mo sarem bakegen.

Mekem sua se yu neva openem wan kolrum taem yu stap yu wan. Taem i gat wan pesen we oli trenem hem long hao blong yusum wan kolrum bae i minim se sapos wan samting i rong, bae yu no stap long bigfala denja.

Bifo yu openem doa blong kolrum, mekem sua se yu luk wan sef ples we hemi gat gudfala win i pas tru long hem we bae yu save muv i go long hem afta yu openem doa.

Pulum wan fenis blong ol rop, kon o narafala sefti ekwipmen blong 3 mita raon long doa blong mekem sua se bae i nogat eni narafala woka i kam insaed we oli no alao.

Mekem sua se yu hangem wan denja saen long doa blong letem ol narafala visita o woka i save ol denja.

Taem yu folem ol narafala step blong sefti mekem sua se yu notemdaon taem we yu openem doa long rikod.

Pulum doa blong openem fulwan mo muv hariap long sef ples we yu bin luk.

Taem yu stap wet blong rum hemi kam sef blong yusum, mekem sua se yu save luk doa evritaem.

Mekem sua se yu talemaot ol denja long eniwan we i kam klosap long doa sapos oli no save finis.

Long ol kolrum, level blong oksijen hemi lo, araon long 1 o 2 pesent we hemi save mekem man i hafded taem hemi pulum win o i save ded afta long hamas minit nomo.

Jekem gud setap blong yu blong mekem sua se win i stap pas tru long rum.

Ol difren setup i dipen long wanem bisnis yu wok long hem, be sapos yu stap wari yusum wan sensa long wan prob mo putum hemia insaed long rum bifo yu go insaed.

Bae yu save go insaed taem oksigen level i kasem 19.5-20 pesent from hemia nao sef level blong ol pipol oli save wok long hem.

Taem level blong oksigen i kasem hemia, mekem sua se yu raetemdaon taem blong hem mo raetemdaon taem yu go insaed.

Wan pesen we hemi save gud mo i kasem trening long ol oksigen gas ditekta bae hemi nid blong stretem mo testem evritaem.

Afta yu testem level blong oksigen long rum mo mekem sua se hemi sef blong go insaed wokbaot slo nomo mo wetem kea blong kasem ol samting we yu wantem karemaot.

Mekem sua se yu jekem graon blong eni wota o aes mo talemaot eni denja long ol narafala woka.

Taem yu leftemap ol samting insaed long kolrum, leftemap long level blong tufala ni mo solda nomo blong daonem janis blong kasem kil.

Sapos yu nid blong kasem wan samting we hemi stap hae antap, yusum wan strong lada mo pasem ol ting i go long wan narafala woka we hemi stap long graon.

Rimemba se taem yu wok long kolrum blong longtaem, i gud blong spel wanwan taem mo no fosem yu tumas se bae yu taed.

Sefti hemi impoten tumas long wok blong yu.

Sapos yu ting se piking reit we oli bin givim long yu hemi had tumas blong kasem, plis toktok long supavaesa blong yu abaotem hemia.

Sapos yu ting se hemi no sef blong wokem yet, plis toktok long eni narafala maneja.

Taem yu finisim wok blong yu blong dei, hemi impoten blong lokem gud kolrum mo mekem i sef.

Taem yu mekem sua se i nogat man long kolrum, yu save sareme doa wetem sefti.

Sapos yu bin karemaot saen long doa long enitaem, plis putumbak blong ol narafala woka i save long denja mo kontrol sistem we i stap.

Rimemba blong onem CA sistem bakegen blong mekem sua se ol samting long rum bae oli stap gud, mo karemaot eni ekwipmen blong sefti we yu bin setemap bifo mo putumbak ol ting long sef ples we supavaesa i talem.

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